

## Overwhelmed Week 1

Do you ever feel Overwhelmed?? Life is more than you can handle?

Luke 17:11-13

Here are some notes from our message!

3 ways to change our perspective and defeat being overwhelmed!

1. Choose the best place.

It is impossible to live right from the wrong place.

Hebrews 10:25

Church makes a huge difference. It is a start in the best place.

Luke 17:14-17

2. Choose the best perspective.

Two folks look at the same thing and each see it differently.

Where we sit determines what we see!

Isaiah 55:8-9

God has a better perspective. When we sit and place our lives at the foot of the cross...we see things differently.

3. Choose the right priorities.

A lot of times we would love to do more....but...

We always have things that come first. We don't have a time or money or opportunity problem...We have a priority problem. We have time for what we choose.

1. Start the week in church.
2. Start the day in God's word.
3. Start prayers with thank you.
4. Start my pay period with my tithe.

These will change our priorities and change our status of being overwhelmed.

Are you overwhelmed by your life....God has better.....