

Happily Ever After? Week 3

Baggage

Proverbs 4:20-23 Matthew 15:10-11 and 15-18

What is baggage in a marriage or relationship? Two worlds come together. Each person has junk and issues we bring to the relationship.

**Guard Our Heart:** What we don't guard against can become baggage we carry into life and into our marriage.

**The Heart Speaks:** It's not always the bad things in the world around us... It's the bad stuff that comes from within us that causes us problems.

Our Heart....we are to guard it well....for from it comes how we truly are and feel.

If we have issues in our marriage....we need to look at ourselves first and foremost. Start to unpack the baggage that we carry. It is often tempting and easier to point out someone else's...but that won't solve anything.

***Question for the week?***

What's the baggage that I bring that causes tension in my home?

God can and wants to help us fix it!!